



THE MARY BEALE
RESTAURANT

English Afternoon Tea ~ Special Diets
£22.50 per person

Gluten Free Afternoon Tea

Newby of London loose leaf tea or Café du Monde coffee
Four finger sandwiches on white & brown gluten free bread:
Cucumber, Scottish smoked salmon
Hertfordshire free range egg & cress, Tuna sweetcorn mayonnaise
Tomato & herb savoury scone
2 warm scones with Devonshire clotted cream & strawberry Tiptree jam
A homemade ginger cake, seasonal glazed fruit tart, fresh fruit kebabs

Gluten & Dairy Free Afternoon Tea

Newby of London loose leaf tea or Café du Monde coffee
Four finger sandwiches on white & brown gluten free bread:
Cucumber, Scottish smoked salmon
Hertfordshire free range egg & cress, Tuna sweetcorn mayonnaise
Tomato & herb savoury scone
2 warm scones with vanilla soya cream & strawberry Tiptree jam
A homemade ginger cake, seasonal glazed fruit tart, fresh fruit kebabs

Egg Free Afternoon Tea

Newby of London loose leaf tea or Café du Monde coffee
Four finger sandwiches on white & brown gluten free bread:
Cucumber, Scottish smoked salmon
Hummus & rocket, Tuna sweetcorn mayonnaise
Tomato & herb savoury scone
2 warm scones with Devonshire clotted cream & strawberry Tiptree jam
A homemade ginger cake, seasonal glazed fruit tart, fresh fruit kebabs

Vegan Afternoon Tea

Newby of London loose leaf tea or Café du Monde coffee
Four finger sandwiches on white & brown gluten free bread:
Hummus & rocket, cucumber
Piquillo pepper, tomato & pesto
2 warm scones with vanilla soya cream & strawberry Tiptree jam
A homemade ginger cake, seasonal glazed fruit tart, fresh fruit kebabs

Please note that a full Afternoon Tea must be ordered by each person

Newby of London Loose Leaf Teas & Café du Monde Coffee

Black Tea

Black tea is crafted to reveal the strongest and deepest flavours. The British Afternoon Tea was developed to complement the rich, dark flavours of these leaves. These black teas have been traditionally hand-crafted in small batches with great care to preserve their wonderful subtleties of flavour.

English Breakfast
Decaf English Breakfast
Darjeeling

Lapsang Souchong
Earl Grey
Assam

Green Tea

Green tea has as many subtleties of flavour as the finest of wines. The best are both rare and exquisite. The minimum of processing allows the fresh, green flavour of the leaves to be maintained.

Jasmine Blossom
Green Sencha

White Tea

White tea is the least processed of all teas. Their young leaves and buds are all picked in spring and dried in the warm sunshine. They share very delicate flavours.

Silver Needle

Herbal Tea

Herbal tea is not strictly 'tea' because all tea comes from the leaves of camellia sinensis. They are infusions of the leaves and stems of different herbs. These herbal infusions contain no additives or flavourings and are naturally caffeine-free.

Camomile
Fruity Berries

Ginger and Lemon
Peppermint

Continental Cafetière

A blend of beans from Eastern Brazil, Northern Colombia, Kenya and from South West India. To produce a dark, rich, all-day coffee with a wonderful aroma..



Prosecco Afternoon Tea: £29.50 per person
Includes a chilled glass of Rosé Prosecco

Champagne Afternoon Tea: £34.50 per person
Includes a glass of chilled Rosé Champagne