



B R E A K F A S T - N A T U R A L L Y



WEST LODGE PARK
YOUR COUNTRY RETREAT



Welcome to the Mary Beale Restaurant at West Lodge Park. We are pleased that you have joined us for breakfast. Please read through the menu and feel free to ask one of the team for anything that you would like that is not on the menu – we will do our best to accommodate you.

The Mary Beale Restaurant is named after Britain's first professional woman painter, who worked during the reign of Charles II. At her peak, she painted over 80 portraits a year, and many of them grace the walls of the restaurant.

We are proud to be the oldest company in Hertfordshire, dating back eight generations to 1769, and source, where possible, the finest local produce from this great county.

Our breakfast supervisor Ljubica Goga and her team are on hand to help with any questions you may have, using her experience of over 20 years breakfast service to help you start the day in our relaxing surroundings.

CONTINENTAL BREAKFAST

£ 13

From the Buffet Table, a selection of:

100% Freshly squeezed Orange juice, Grapefruit, Apple, Cranberry, Tomato
Still and sparkling water from the Blenheim estate

Swiss style toasted muesli
Cornflakes, Crunchy nut cornflakes, Fruit and Fibre, Frosties, Rice Krispies, Special K, Weetabix

Tim's Buckinghamshire natural yoghurt
Müller light fruit yoghurts

Ferme des Peupliers luxury fruit yoghurts

Water melon, honeydew melon, galia melon

Pink grapefruit
Apples, oranges, bananas
Fresh fruit salad

Apricots, dried figs, prunes
Mortadella & home-cooked Ham
Farmhouse Cheddar, Brie de Meaux & Cropwell Bishop Stilton

Freshly baked Danish pastries, mini croissants and rolls
White and granary toast

Wilkin & Sons Tiptree fine cut marmalade, honey, strawberry and raspberry jam

Café du Monde cafetiere coffee

Pot of loose leaf Newby tea (Traditional English, Earl Grey, Assam, Darjeeling, Lapsang, Green, Fruit, Camomile)

Van Houten Belgian hot chocolate

TRADITIONAL ENGLISH BREAKFAST

£ 16

Continental Buffet, plus your choice of:

Free range Eggs from Clover eggs near Royston

Fried, scrambled, poached, boiled

Grilled Danish back bacon

Hertfordshire pork and leek sausage from Waltham Abbey

Grilled tomato

Sautéed mushrooms

Award winning Oakwell black pudding

Hash browns

Baked beans

Poached smoked Finnan haddock (£2 supplement)

Grilled Manx kipper (£2 supplement)

Omelettes (£2 supplement)

Traditional Scottish porridge with Tiptree honey, cinnamon or soft dark brown sugar

CHAMPAGNE BREAKFAST

£ 30

Continental Buffet, plus

Smoked Scottish salmon and scrambled Hertfordshire eggs

Strawberries and clotted Devonshire cream

Freshly squeezed orange juice

A glass of chilled Drappier Champagne



“I went with my Lord Chamberlaine to see a garden at Enfield Towne, thence to West Lodge in the Chace, residence of the Rt.Hon. Henry Coventry, Secretary of State.

It is a very pretty place, the house commodious, the garden handsome and our entertainment free. That which I most wondered at was that in all the Chase, within 14 miles of London, there is never a house, barne, church or building. These are pretty retreats for gentlemen, especially for those who are studious and lovers of privacy.”

John Evelyn's Diary – 2nd June 1676.



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